

**M-PESA FOUNDATION FREE MEDICAL CAMP –
MAKUENI COUNTY**

REPORT

6th June 2026

1.0 INTRODUCTION

The **M-PESA Foundation**, in partnership with the **County Government of Makueni**, **Zuri Health** and other healthcare stakeholders, successfully conducted a large-scale Free Medical Camp in Makueni County on **6th June 2026**. The initiative sought to improve access to quality healthcare services for underserved populations while promoting preventive health, early disease detection, treatment, referral, health financing awareness, and continuity of care.

The medical camp brought together multidisciplinary healthcare teams who delivered integrated healthcare services spanning general medical consultations, non-communicable disease (NCD) screening, maternal and child health services, eye care, dental care, dermatology, ENT services, mental health support, health education, referrals for specialized care, blood donation services and Social Health Authority (SHA) registration support.

The outreach demonstrated the transformative impact of collaborative healthcare delivery by bringing essential services directly to communities that would otherwise face significant barriers to accessing care.

2.0 KEY ACHIEVEMENTS AT A GLANCE

Indicator	Achievement	Percentage
Total Beneficiaries Reached	2,814	100.00%
Female Beneficiaries	1,472	52.31%
Male Beneficiaries	1,342	47.69%
Adults Reached	990	35.18%
Children Reached	316	11.23%
NCD Clients Identified	576	20.47%
Prediabetic / Prehypertensive Clients	347	12.33%
Confirmed Hypertensive / Diabetic Clients	229	8.14%
SHA Registered Beneficiaries	1,481	52.63%
SHA Contributions Up-to-Date	678	24.09%
Persons Living with Disabilities Reached	63	2.24%
Blood Donors Mobilized	36	1.28%
Dental Patients Served	181	6.43%
Cervical Cancer Screenings	55	1.95%
Clinical Breast Examinations	57	2.03%
Family Planning Clients	9	0.32%
ANC Clients	3	0.11%
Blood Donors Mobilized	36	1.28%
Persons Living with Disabilities Reached	63	2.24%
Confirmed Breast Cancer Cases Identified	1	0.04%

3.0 BENEFICIARY PROFILE

The medical camp attracted an impressive turnout of **2,814** beneficiaries, underscoring both the healthcare needs within the county and the community's confidence in the services offered.

Table 2: Gender Distribution

Gender	Number	Percentage
Female	1,472	52.31%
Male	1,342	47.69%
Total	2,814	100.00%

Women represented the majority of beneficiaries, highlighting the camp's critical role in improving access to healthcare services among women and families.

Table 3: Age Distribution

Age Category

Women (18-45)	8.14%
Male (18-45)	7.11%
Male Under 5	2.38%
Female Under 5	1.46%
Male Above 5	46.21%
Female Above 5	49.96%
Adults (18+)	75.80%
Children (5-17)	20.37%
Children under 5	3.83%

The significant number of children and young families reached demonstrates the camp's contribution toward strengthening child health and preventive healthcare interventions.

4.0 NON-COMMUNICABLE DISEASES (NCDs)

Non-communicable diseases continue to pose a significant public health challenge across Kenya. Through comprehensive screening and clinical assessments, the camp successfully identified a substantial number of beneficiaries requiring intervention and follow-up.

Table 4: NCD Burden

Category		
Prediabetic / Prehypertensive	347	60.24%
Confirmed Hypertensive / Diabetic	229	39.76%
Total NCD Clients	576	100.00%

A key achievement of the camp was the enrollment of all beneficiaries with elevated blood pressure and blood sugar readings into the Continuity of Care Programme (CCP), ensuring structured follow-up, monitoring, treatment adherence support, and long-term disease management.

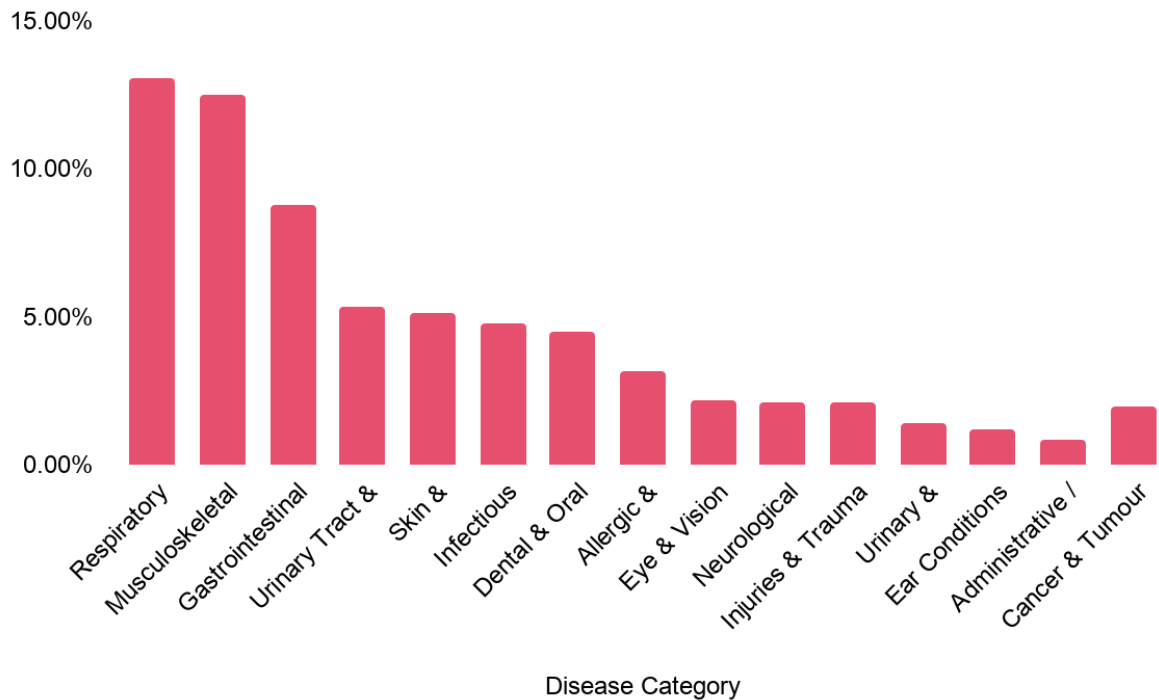
5.0 DISEASE BURDEN PROFILE

The camp provided valuable insights into prevailing health conditions affecting the population.

Table 5: Top Disease Categories Identified

Disease Category	Percentage
Respiratory Diseases	13.09%
Musculoskeletal Disorders	12.51%
Gastrointestinal Disorders	8.81%
Urinary Tract & Prostate Conditions	5.33%
Skin & Dermatological Conditions	5.10%
Infectious Diseases (Non-Respiratory)	4.75%

Dental & Oral Conditions	4.52%
Allergic & Hypersensitivity Disorders	3.13%
Eye & Vision Disorders	2.20%
Neurological Disorders	2.09%
Injuries & Trauma	2.09%
Urinary & Reproductive Conditions	1.39%
Ear Conditions	1.16%
Administrative / Preventive / Referral Services	0.81%
Cancer & Tumour Related Conditions	1.95%



The findings reinforce the growing burden of both communicable and non-communicable diseases while highlighting the importance of sustained community-based healthcare interventions.

6.0 SOCIAL HEALTH AUTHORITY (SHA) IMPACT

A major component of the camp focused on strengthening universal health coverage through SHA awareness, registration, and contribution support.

Table 5: SHA Status

Indicator	Number	Percentage
SHA Registered	1,481	52.63%
SHA Contributions Up-to-Date	678	24.09%
SHA Contributions Not Up-to-Date	1,107	39.34%

The initiative enhanced awareness and uptake of health insurance, positioning more families to access affordable healthcare beyond the medical camp.

7.0 SOCIAL IMPACT AND INCLUSION

Table 6: Disability Inclusion

Category	Number	Percentage
Persons Living with Disabilities	63	2.24%
Persons Without Disabilities	1,606	57.07%

The medical camp remained committed to equitable healthcare access by ensuring inclusion of vulnerable populations and persons living with disabilities.

8.0 BLOOD DONATION DRIVE

Alongside curative and preventive healthcare services, the camp successfully conducted a blood donation exercise.

Table 7: Blood Donation Outcomes

Indicator	Achievement
Blood Donors Mobilized	36

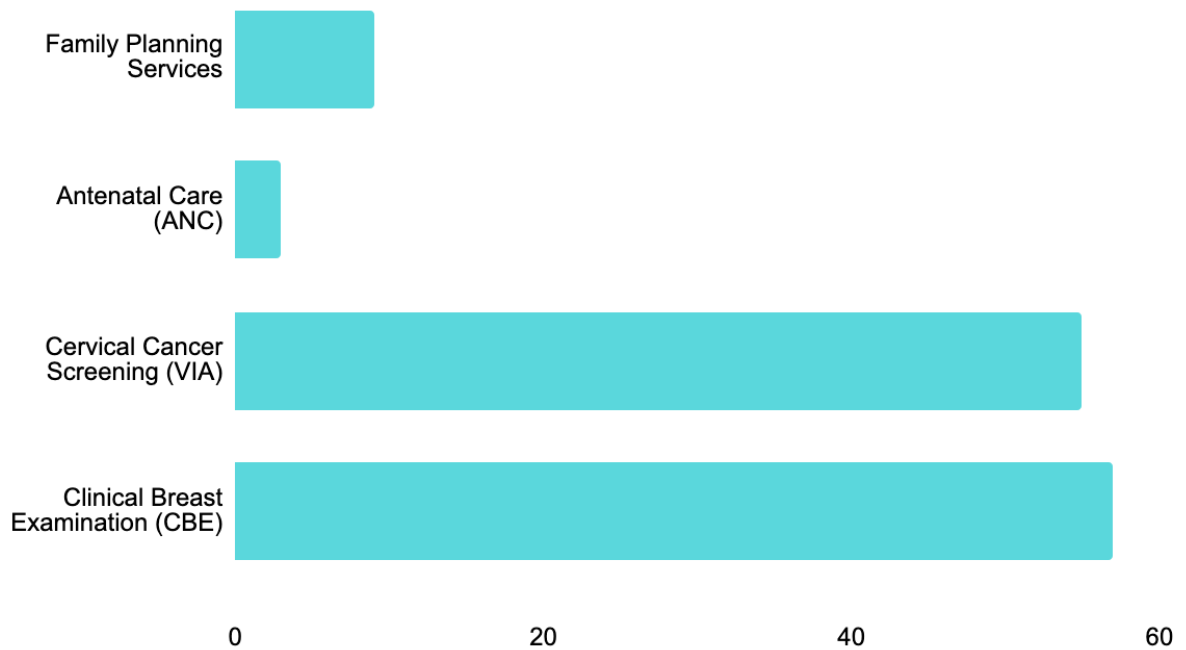
This contribution will support local blood banks and strengthen emergency and lifesaving healthcare services within the region.

9.0 WOMEN'S HEALTH SERVICES

Women's health services formed a critical pillar of the medical camp, providing access to reproductive health, antenatal care, cervical cancer screening, and breast cancer screening services. These interventions supported early detection, prevention, and timely management of conditions that disproportionately affect women's health outcomes.

Table 8: Women's Health Service Delivery Summary

Service Area	Number Reached
Family Planning Services	9
Antenatal Care (ANC)	3
Cervical Cancer Screening (VIA)	55
Clinical Breast Examination (CBE)	57



Family Planning Services

A total of **9 clients** accessed family planning services through the camp.

Method	Number
DMPA SC	3
Implanon	2
Jadelle Insertion	1
Condoms	1
IUD Removal	1
Jadelle Removal	1
Total	9

These services contributed to informed reproductive health choices and improved access to essential family planning interventions.

Antenatal Care (ANC)

A total of **3 expectant mothers** received antenatal care services.

ANC Category	Number
New ANC Visit	1
Revisit	2
Total	3

The ANC consultations provided an opportunity for routine maternal health monitoring and health education to support safe pregnancies and positive birth outcomes.

10.0 CANCER SCREENING SERVICES

The medical camp prioritized preventive healthcare through the provision of cancer screening services aimed at facilitating early detection and improving treatment outcomes.

Cervical Cancer Screening (VIA)

A total of **55 women** underwent cervical cancer screening.

Outcome	Number
Negative	52
Inconclusive	3

Positive	0
Total Screened	55

The absence of positive findings is encouraging, while clients with inconclusive results were advised on appropriate follow-up assessments.

Clinical Breast Examination (CBE)

A total of **57 women** underwent breast cancer screening through Clinical Breast Examination.

Outcome	Number
Normal Findings	54
Abnormal Findings	2
Confirmed Breast Cancer	1
Total Examined	57

The identification of one confirmed breast cancer case underscores the importance of community-based screening initiatives in facilitating early diagnosis and timely referral for specialized management.

Overall Cancer Screening Impact

Service	Number Reached
Cervical Cancer Screening	55
Clinical Breast Examination	57
Total Clients Reached Through Cancer Screening Services	57*

*Some clients received both cervical and breast cancer screening services.

11.0 DENTAL HEALTH SERVICES

Oral health services were among the highly utilized services during the medical camp, reflecting significant unmet dental healthcare needs within the community.

Table 9: Dental Services Summary

Service Area	Number
Dental Consultations and Treatment	181

The dental team provided consultations, oral examinations, treatment, preventive oral health education and referrals for advanced dental care where necessary.

12.0 REFERRALS AND CONTINUITY OF CARE

The camp not only addressed immediate healthcare needs but also established pathways for long-term care through referrals and follow-up support.

Key referral areas included:

- Advanced ophthalmology services
- Chronic disease management
- Neurological care
- Specialized pediatric care
- Surgical consultations
- Rehabilitation and assistive support services

Specialized Referral and Continuity of Care: Cerebral Palsy Case Management

A key outcome of the medical camp was the identification and successful linkage of vulnerable patients requiring specialized long-term care. Among these were cases diagnosed with cerebral palsy, demonstrating the camp's commitment to ensuring that patients receive care beyond the outreach event itself.

Following clinical assessment, a formal continuity-of-care pathway was activated for **Juliet M.**, a child diagnosed with Cerebral Palsy and her mother, **Esther M.**, who was diagnosed with Acute Stress Reaction associated with the demands of long-term caregiving.

Key Interventions Initiated:

- Enrollment into a structured rehabilitation programme through **Makueni County Referral Hospital**, including physiotherapy, occupational therapy, pediatric review and nutritional support.
- Coordination of specialist recommendations and assessment for appropriate assistive devices and supportive equipment.
- Provision of mental health and psychosocial support services for the caregiver to strengthen family wellbeing and resilience.
- Ongoing remote case management, follow-up monitoring and care coordination by Zuri Health to ensure adherence to treatment plans and continuity of services.

This case represents the broader impact of the medical camp, moving beyond diagnosis and treatment to establish sustainable care pathways that improve quality of life, strengthen family support systems and ensure vulnerable patients remain connected to the healthcare system long after the outreach has concluded.

13.0 CONCLUSION

The M-PESA Foundation Free Medical Camp in Makueni County stands as a powerful demonstration of what can be achieved through strategic partnerships between the private sector, county government, healthcare providers, and community stakeholders.

By reaching over **2,800** beneficiaries, identifying hundreds of individuals at risk of chronic illnesses, strengthening access to health insurance, mobilizing blood donors, and connecting vulnerable patients to specialized care pathways, the initiative delivered both immediate healthcare impact and long-term health system value.

Beyond the numbers, the camp restored hope, enhanced health awareness, enabled early diagnosis, promoted preventive care, and strengthened community resilience. The overwhelming turnout and positive outcomes reaffirm the critical importance of sustained outreach programmes in advancing Universal Health Coverage and improving the health and wellbeing of Kenyan communities.

The success of this intervention reflects the unwavering commitment of the M-PESA Foundation, the County Government of Makueni, Zuri Health, healthcare professionals, volunteers and all partners whose collective efforts transformed lives and strengthened access to quality healthcare for thousands of residents.